# The CSCNS Times





#### Dear families.

The first midterm is upon us. The time has flown by with over 8 weeks since our first day back at school. The children have done incredibly well to settle back into the routine and we have welcomed many new children to our school for whom I hope it has been a warm welcome.

This half term, we have had some changes in terms of our homework, which follows consultation with all stakeholders and we hope that the changes are working well for families.

We recently had our community Garda talking to some of the classes about the dangers that present themselves around this time of year. Bonfires and fireworks can pose a huge risk to people and we wanted the children to be educated on these dangers.

We want to wish you all a very relaxing and safe midterm break and we look forward to all of the exciting things to come in the latter part of the first term.

Mike Byrne

#### Dates to Remember

6th November - School Reopens after midterm

10<sup>th</sup> November - Diwali celebration (Details to follow)

Week 20<sup>th</sup> November: Parent Teacher meetings to take place

22<sup>nd</sup> December: Winter break (School closes at 12noon)



#### Diwali by Risheek Sista

Diwali is a festival about the return of a god that has been sent to the forest for 14 years by his evil stepmother. The festival is called the festival of light because people in that city put up lights to guide him to the city. In this festival, we have a feast with family and friends. This festival consists of 3 days of celebration. We put up decorations and children usually get some gifts and sweets.



#### News from room 14 (Emily Polacek)

Room 14 has been learning about the human body. We have been doing projects about this lately. We have learned that there are things called the tissue which protects are bones and when you break bones the tissue can sometimes tear.

We had some visitors to the room lately. A Garda came in to talk about fireworks and that this can be dangerous.

Room 14 have also started learning Ukulele every Monday.



Picture by Alex James Swinburne

#### **Board of Management**

The new Board of Management for 2023-2027 is currently being formed. The members to date are: DDLETB Nominees: Conor McGuckin, Anne Genockey Staff Nominees: Mike Byrne, Rhona Whelan Parent Nominees: Mariam Sleyum, Abhishek Saurabh Community Nominees yet to be decided.

#### **News from Room 9**

This half term, we have been learning a lot of new things. In maths, we have learned and revised fractions, multiplication and division. In history, we are learning about World War II — the class really enjoys it. Recently, the class have begun reading the book 'The Boy in the Striped Pyjamas'. In English, we have been learning how to write recounts and learning how to write formal letters. In Gaeilge, we have been learning about verbs, food and numbers.

We have also been doing orojects about the Rugby World Cup. Everybody was given a country and they had to do a project on that country. We have been doing music and got to play instruments. In science, we have made lava lamps. We have had a great time in 6<sup>th</sup> class so far. (Luke Collins)





### Value of the Month

Our value of the month has been focusing on 'Respect'. The children have been learning about what respect sounds like and what respect looks like. You might hear your child talk about 'Sophie Talk'. Sophie the giraffe teaches us how to speak respectfully, even when having an argument or when things go wrong. At home, encourage your child to say things in a respectful way . . . even during an argumnent!



#### **GAA Success**

We're incredibly proud of our Boys and Girls Gaelic football teams for reaching the quarter-finals. From our 1st training session until our final match, everyone put in their best effort, practiced tirelessly every Tuesday morning, helped one another, and improved their skills. Each player showed great progress and helped make the teams even stronger. The journey to the quarter-finals is proof of their teamwork and dedication. They've not only displayed their football skills but have also represented our school, showing great sportsmanship and respect to their teammates, opponents, and referees.

The incredible journey to the quarter-finals and both teams making it past the group stages which is the first time that any CSCNS Gaelic team has achieved this, reminds us that success isn't determined by trophies, but by growth, enjoyment and the positive influence the teams have brought to our school community Well done to everyone involved in making this Gaelic football season our best season yet - We couldn't have done it without you!

## Welcome to our New Junior Infants!



Friday October 20th was a very special day for Junior Infants, as we celebrated their Welcoming Ceremony. This marks the beginning of their journey as a member of the CSCNS community. Junior Infants spent weeks learning songs and preparing artwork to decorate the P.E. hall, and invited their families in to see it all on the big day. It was so exciting to perform for an audience! Mr Byrne presented the Junior Infants with certificates, and the Parents Association very generously gave every child a goody bag. Everyone had a fantastic day. Ms O'Riordan and Ms O'Donoghue were so proud of their classes for all of their hard work, and the Junior Infants were very proud of themselves too!

#### **CSCNS Nurture Room**



We have recently set up a Nurture Room in CSCNS and are so excited to be able to provide this amazing space for our students. A Nurture room is designed to be a bridge between home and school; a place where children can feel safe and secure. The room aims to replicate a home. It has a table to share food and a relaxation a space to play games and work collaboratively. The purpose of Nurture is to offer children opportunities to promote and support their social and emotional development. There is lots of evidence that children's learning is most effective when they have a sense of emotional well-being and positive self-esteem. The Nurture Room provides children with this opportunity and so helps to develop their maturity and resilience. We have already welcomed our first groups into the space and are looking forward to developing this practice over the coming years.

# **Roots of Empathy**

We are now a roots of empathy school! Roots of Empathy is a research based intervention which began in Canada. Roots of Empathy is a 27 week progamme which involves lessons about the growth and development of a baby. It provides chances for children to explore emotions, neuroscience and temperament traits. There are 9 visits from a baby and mother to allow for real life discussion about attachment. This programme is proven to reduce violence and aggression and create more empathic people. We are very lucky to welcome baby Ari and his mother Ellen into our school community. Last week we has a lesson with Ari as our little teacher. We gathered around the green blanket and began to realise how 'Love grows brains'.

