

Bí Cineálta!

We want everyone at our school to feel **safe** and **happy**.

If you think that you are being bullied or someone else is being bullied, you need to tell a teacher or another adult that you trust. Every child in our school should have a **Trusted Adult**.

Get help!

Tell someone that you trust!

If a student tells a staff member that they think they are being bullied, we will:

- > talk with the student in private
- > ask the student what they want to happen
- > work out a plan together
- > talk to their parents
- > talk to the other student(s) involved
- > talk with the other student's parents
- > Help to mend the harm

Bullying behaviour is when someone keeps being **MEAN OR HURTFUL** to others on **PURPOSE OVER AND OVER AGAIN**.

Every child in our school should have at least one trusted adult who they can come to if they see bullying.

We have a Bí Cineálta Policy. This helps the adults in the school to make our school a Bullying Free zone and to know what to do if bullying happens. We will ask your opinion.



Our Bí Cineálta Policy

What is bullying behaviour?

Bullying behaviour is when someone keeps being **MEAN OR HURTFUL** to others on **PURPOSE OVER AND OVER AGAIN**.

What is my school doing to prevent bullying from happening?

In Citywest and Saggart CNS, we do lots of things to prevent bullying from happening. These include:

- Teaching you about our values at assembly
- Teaching you about how to keep safe in school and at home
- Having a nice, bright and inclusive school building and yards
- Creating positive relationships with you so that you know you can trust us
- Checking in with you often so that you have a chance to let us know if you're not ok
- Lots of people to supervise on the yards at break time

We are also open to hearing your suggestions on what more we can do.

What can the children in our school do?

The children in our school can:

- Be kind and considerate to others
- Choose at least one adult in the school who will be their trusted adult
- Come and get help as soon as possible if they see or experience bullying

What will happen if bullying happens?

1. We will talk to the person who has been harmed and find out what happened.
2. We will work out a plan of what needs to happen next
3. We will talk to everyone involved and their parents
4. We will work out a plan to make sure people take responsibility and that the harm can be mended.

